

**2018 BELMONT HIGH SCHOOL
“JERI BLAIR” CROSS COUNTRY INVITATIONAL**

BELMONT HIGH SCHOOL invites your boys’ and girls’ cross country teams to participate in the thirty-seventhth (37th) annual Belmont High School “Jeri Blair” Interscholastic Cross Country Invitational to be held on **Friday, October 5.**

SCHEDULE	Varsity Girls’ Race	4:00 PM
	Varsity Boys’ Race	4:45 PM
	Awards Presentation	5:30 PM

INVITED SCHOOLS Belmont, Bishop Brady, Conant, Derryfield, Gilford, Hillsboro-Deering, Hollis-Brookline, Hopkinton, John Stark, Kearsarge, Laconia, Lin-Wood, Mascenic, Mascoma, Monadnock, Moultonborough, Newfound, Prospect Mountain, Sanborn, Trinity, White Mountains, Winnisquam

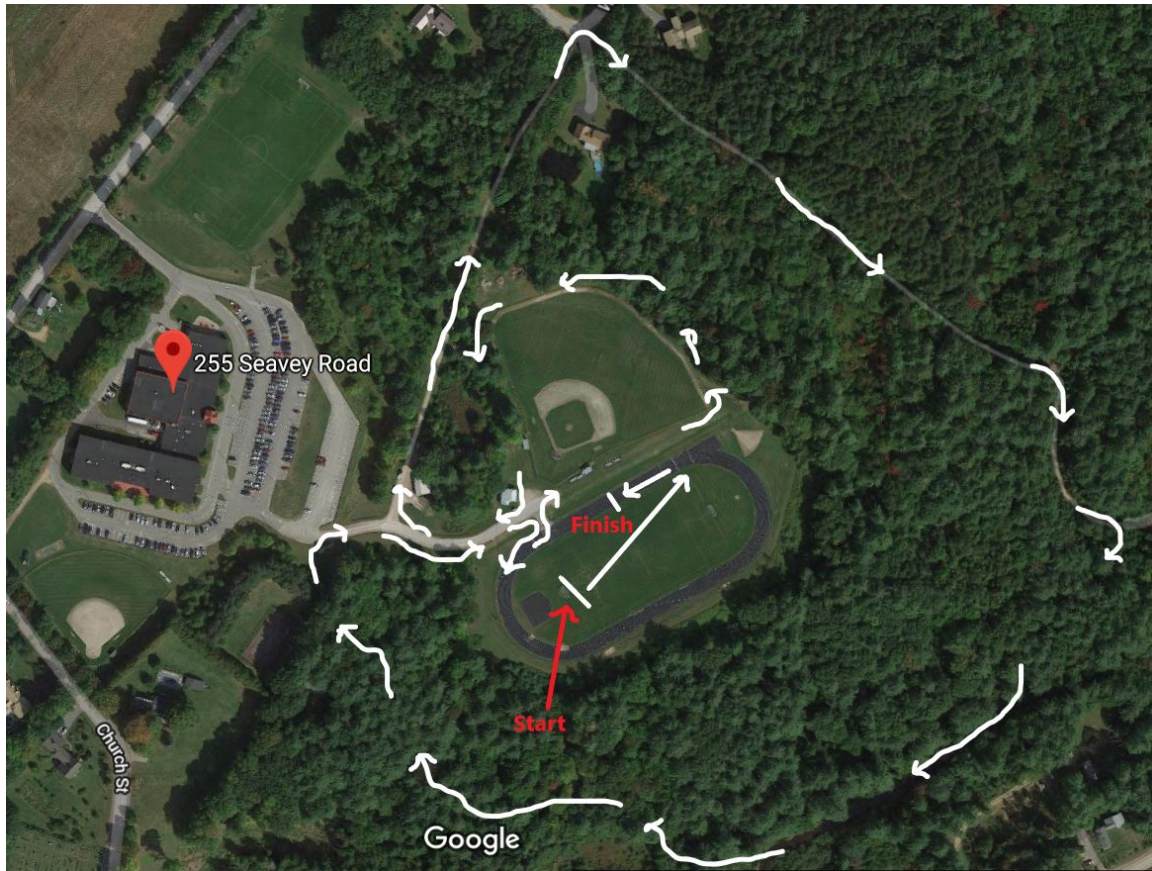
COURSE 5142meters; 85% grass & gravel; **no spikes**, only racing flats.
(Course Map Below)

AWARDS Plaques to the top three teams in each varsity race
Plaques to the top three individuals in each varsity race
T-shirts to the top 20 individuals in each varsity race

ENTRY PROCEDURE Entries are on Direct Athletics, email ahayward@sau80.org if the meet is not on your schedule. There is an entry fee of \$25 per team (\$50 for both a boys’ and girls’ team). If there are less than 5 athletes per team, the fee is \$5 per athlete. Check payable to BELMONT HS and mailed to Aaron Hayward, Belmont HS, 255 Seavey Road, Belmont 03220. Fees must be received prior to race day.

Belmont XC 'New Millennium' Course

(Start and Finish on the Track, Double Loop course)



- **Start** on the Track Infield, run across and onto track
- Exit track to the right after running around track backwards
- Loop around the baseball field and up the access road
- Turn right onto outer loop and follow trails
- At top of hill, turn right and down access road
- Loop around the baseball field and back up the access road
- Turn right onto the outer loop and follow trails again
- At top of hill, turn right and down access road
- Enter track, turn right and follow track around to **Finish**

Course is well marked, there will be no course walk.